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RESEARCH ARTICLE

Histological and biochemical alteration from *in ovo* exposure to Aflatoxin B1

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Abstract

Aflatoxin B1 (AFB1) is one of the most hazardous toxins that are produced by many species of *Aspergillus* as secondary metabolic products. The present study assessed the effects of *in ovo* exposure of AFB1 to RIR eggs. The various biochemical parameters and histopathological changes were noted at the end of incubation. Changes in biochemical parameters were more intense in AFB1 treated hatchling. The levels of ALT, AST and total protein were significantly elevated in AFB1 exposed group when compared to the control. *In ovo* AFB1 treatment was resulted into significantly decrease level of glucose in serum. The activity of stress marker enzyme like SOD, glutathione peroxidase and reduced glutathione level decreased while the level of lipid peroxidation increased due to AFB1 intoxication. Significant histopathological changes such as hepatic degeneration, loss of hepatocytes arrangement and vacuolization has been found in the liver tissue of treated hatchling. In conclusion, the results of this study demonstrate that *in ovo* exposure of aflatoxin altered biochemical parameters and stress marker enzyme which has correlation with histopathological changes of liver tissue.

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INTRODUCTION

Aflatoxins are secondary toxic fungal metabolites produced as *Aspergillus flavus* and *A. parasiticus*. There are four naturally occurring aflatoxins, the most hepatotoxic being aflatoxin B1 (AFB1), and three structurally similar compounds namely aflatoxin B2 (AFB2), aflatoxin G1 (AFG1) and Aflatoxin G2 (AFG2). Aflatoxins not only contaminate our food stuffs but are also found in edible tissues, milk and eggs after consumption of contaminated feed by farm animals (Fink-Gremmels, 1999; Devendran and Balasubramanian, 2011).

The AFB1 is a hepatotoxin, causing an excessive build-up of hepatic lipids, with enlargement of the liver, proliferation of bile ducts (Adav and Godinwar, 1997; Quezada *et al.*, 2000) and hepatocellular carcinoma (Hamilton, 1978; Bondy and Pestka, 2000). The AFB1 is biotransformed in the liver by monooxygenases, where the cytochrome P-450 turns them into an electrophilic highly active compound known as aflatoxin 8,9 epoxide (Emerole *et al.*, 1979), to be then conjugated with glutathione (GSH) and excreted through urine and bile (Essigmann *et al.*, 1982; Quezada *et al.*, 2000).

Further pronounced problem is due to its residue found in fertilized egg which increases embryonic mortality and also organ malformations, depending on the residual level of AFB1 and their metabolites in the eggs (Celik *et al.*, 2000). In addition, AFB1 intake can decrease productivity of egg due to liver function alteration (Jansen van Rensburg *et al.*, 2006; Farah *et al.*, 2007). Therefore, the aim of this study was to analyze the *in ovo* toxic effects induced by AFB1, in RIR eggs in order to disclose hepatic dysfunction during development of chick embryo.

Material and Methods

Experimental Protocol

Fertile *Rhode Island Red* (RIR) eggs were obtained from the department of livestock production & management, Anand Agricultural University, Anand. All eggs were wiped with 70% ethanol and numbered. Eggs were grouped in three (control, vehicle control and treated), 25 in each. Protocol was approved by departmental ethical committee according to CPCSEA. The concentrations of 5ng/5 μ l 20%alcohol/egg of AFB1 in treatment group and 5 μ l 20%alcohol/egg of alcohol were injected in vehicle control group in air sac of eggs with sterile syringe at '0' day of incubation. The eggs were placed into an incubator at 37.5 °C, 65% relative humidity and turned every 3 hours. Weight mobility of incubated eggs was followed every day, and the mortality estimated by candling of eggs. After 21 days of incubation, hatchlings were sacrificed after collecting blood through heart puncture and gross anatomical change of liver was observed. Liver was removed, washed in PBS then blotted and weighted. From a pair of kidney one was fixed in 10% formalin for histopathology and second was used to estimate biochemical parameters.

Biochemical Parameters

Blood samples were centrifuged and serum was separated. Liver tissue was homogenized in PBS, centrifuged and supernatant was separated for biochemical assay. Alanine transaminase (ALT) and aspartate transaminase (AST) level was estimated by the IFCC (International federation of clinical chemistry) (Bergmeyer et al., 1978) method using Reckon diagnostic kit. Protein concentration in serum was determined by the Lowry method (1951) and Glucose was estimated by GOD/POD method (Glucose oxidase/Peroxidase) as described by Trinder (1969).

Oxidative stress marker parameters

MDA was determined by the method of Buege and Aust (1978) based on the principle of thiobarbituric acid (TBA) reacts with MDA and forms red color. The activity of superoxide dismutase (SOD) was assessed by method described by Marklund and Marklund (1974).GSH level was assessed according to the method of Beutler et al. (1963). GPx was determined spectrophotometrically according to the method of Rotruck et al. (1973).

Histopathological examination

Liver was removed, washed in saline, and fixed in 10% buffered formalin for histopathological examinations. The liver sections were stained with Hematoxylin and Eosin (H & E) stains (Luna 1968). The H & E stained slides were observed under the microscope (Leica DM2500).

Statistical analysis

Data generated from the experiment were subjected to statistical analysis and presented as mean and standard error around mean. The statistical significance of the differences between the mean values of control and experimental groups was evaluated through one-way analysis of variance (ANOVA) followed by Bonferroni's post-hoc test. Statistical analysis performed using GraphPad prism (version 6) software.

Result

In the present study, the AFB1 administered egg showed greater mortality compare to that of control. AFB1 intoxication resulted into decrease body weight and increased relative weight of liver in hatchling. Mean body weight obtained at the end of the incubation was significantly reduced whereas relative weight of liver was not observed significantly increased in newly hatched chick of treatment group as compared with the control group (Table -1).

The effects of AFB1 on certain blood biochemical parameters are summarized in table 2. *In ovo* exposed hatchling exhibited a significant increase in the activity of ALT by 86.14% over those values obtained from the control group. AFB1 intoxication also resulted in a significant increase in the activity of AST and total protein by 48.03 and 39.21%, respectively, compared to the values obtained from the untreated group. There was no observed change in vehicle control group compare to control. Serum glucose level showed a significant decrease ($P < 0.001$) in hatchling that underwent *in ovo* treatment of 5ng AFB1/egg.

The level of malondialdehyde (MDA) increased significantly in 5ng AFB1 treated group as compare to control ($P < 0.001$). SOD activity was decreased significantly due to *in ovo* AFB1 exposure ($P < 0.01$, Table-3). As with SOD, the GPx and GSH level were significantly decreased in the liver extracts of the treated hatchling as compared with the control ($P < 0.05$ and $P < 0.001$, respectively).

Microscopic observation of histological architecture of liver showed normal structure of the central vein, radially arranged hepatocytes around the central vein (Fig. 1A, B). In contrast to the normal histological examination of the

liver tissue of the controls, marked degenerative changes of hepatocytes, congestion, and marked diffuse necrosis of hepatic tissue were observed in liver of AFB1 treated hatchling (Fig. 1). Vacuolar degeneration and gross hepatocellular damage were observed in treated tissue. Sinusoid dilation was also observed in AFB1 treated liver.

Table: 1 Effects of AFB1 on body weight and relative weight of liver of hatchling

Groups	Body weight of Embryo (gm/chick)	Relative Weight of Liver (mg/100gm body weight)
Control	122±15.8	4.6 ± 0.2
VC	125 ±16.1	4.8 ± 0.6
Treated	85 ±20.5↓*	5.9 ± 0.9↑**

@Values are expressed as Mean ± SE; n=10 for each group; * p ≤ 0.05; ** p ≤ 0.01

Table: 2 Serum biochemical profile of in ovo AFB1 intoxicated hatchling

Groups	ALT (IU/L)	AST (IU/L)	Protein (mg/dL)	Glucose (mg/dl)
Control	22.2±0.06	47.1±0.9	30.1± 2.1	324.2±9.5
VC	23.3±0.4	49.7±0.4	32.4± 1.9	309.3±11.2
Treated	41.4±0.9↑***	69.8±0.06↑***	41.9± 1.5↑**	214.8±3.066↓***

@Values are expressed as Mean ± SE; n=10 for each group; ** p ≤ 0.01; *** p ≤ 0.001

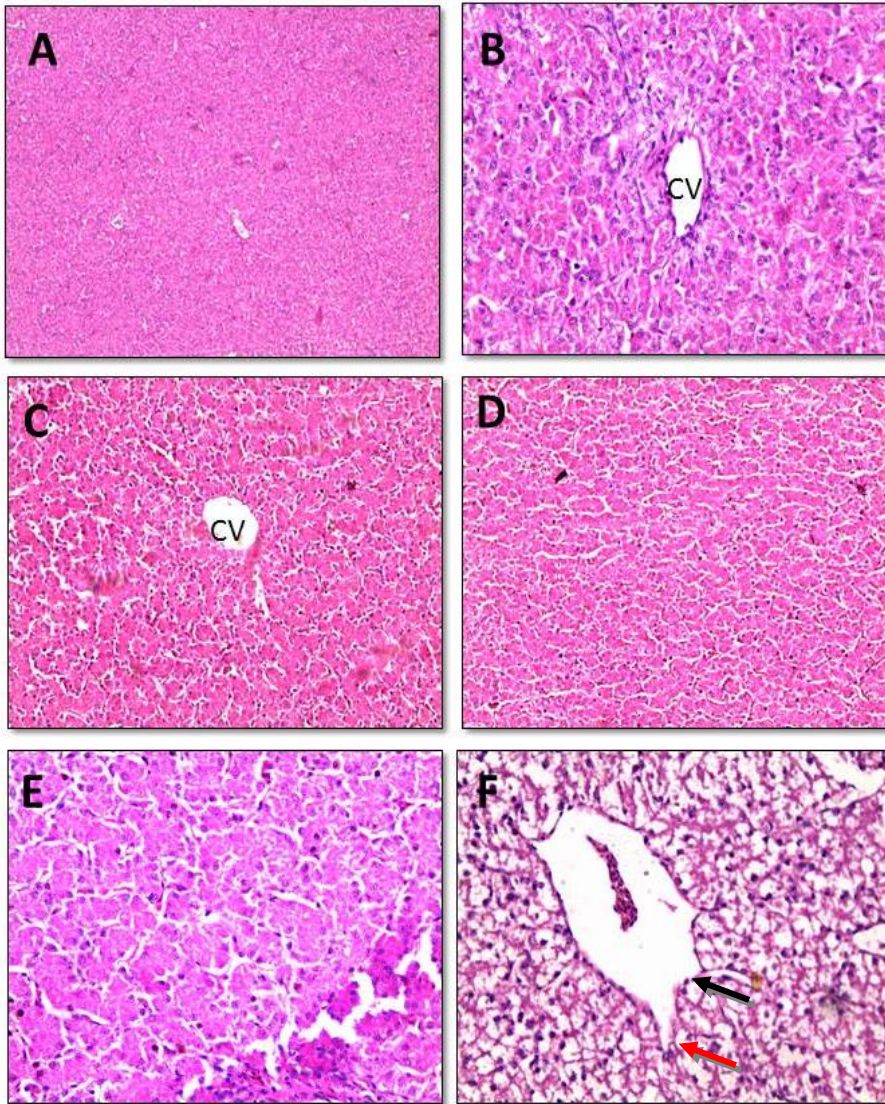
Table: 3 Oxidative stress markers in liver of chicks hatched from eggs inoculated with AFB1

Groups	LPO (nM of MDA released /gm of tissue)	SOD (% inhibition /min/mg tissue)	GSH (µg/gm of tissue)	GPx (mM of GSH consumed/ mg tissue)
Control	7.3± 0.43	13.7 ± 0.4	2.2± 0.07	21.3± 0.4
VC	7.6± 0.9	12.3 ± 0.4	1.9 ± 0.09	20.6 ± 0.4
Treated	24.4± 1.40↑***	10.5 ± 0.2↓**	0.7± 0.02↓***	17.5 ± 0.07↓*

@Values are expressed as Mean ± SE; n=10 for each group; * p ≤ 0.05; ** p ≤ 0.01; *** p ≤ 0.001

Figure 1. Histological profile of liver from a day-old hatchling intoxicated by AFB1 at '0' day of incubation.

(A) Control showing normal histological profile, 10X; (B) Control section showing Central Vein (CV), 20X; (C, D) Vehicle treated with mild sinusoid dilation; (E) Low dose showing damaged histoarchitecture and dilated sinusoid; (F) High dose showing Centrilobular destruction (black arrow) with gross hepatocellular damage (red arrow).



Discussion

AFB1 is able to cross the maternal placental barrier to reach the fetus and offers a potential threat to animal and human health in view of their teratogenicity (Wangikar et al., 2005, Ozaydin and Sur 2015). In poultry, the AFB1 carry over from food to the fertilized egg leads to serious economic loss by decreasing embryo viability and hatchability (Sur et al., 2011) and by causing organ malformations (Cilievic et al., 1980; Ozaydin and Sur 2015). Increased mortality was observed in current study which is also observed by Cravens *et al.* (2013) after AFB1 exposure in broiler egg. Body weight of newly hatched chickens was depressed by *in ovo* AFB1 injection in current study. Similar results of weight reduction due to aflatoxicosis have been reported by Quezada et al. (2000), Magnoli et al. (2011) and Oznurlu et al., (2012). The decrease in body weight may be due to the oxidative stress and hepatotoxicity of AFB1, while the increase in relative liver weight could be attributed to the relationship between the liver weight increase and various toxicological effects or to the reduction in body weight gain of experimental animals (Mansour and Mossa, 2010; Mossa et al., 2015).

Combinations of some common biochemical parameters provide better information from pattern recognition, e.g. enzymes like ALT and AST for hepatotoxicity (Evans 1996; Hany and Gamal, 2013). The results of the present study showed that *in ovo* AFB1, inoculation, significantly increased the activity of ALT and AST compared to the control group. The elevation in the liver enzyme activities may be due to liver dysfunction with a consequent reduction in enzyme biosynthesis and altered membrane permeability permitting enzyme leakages into the blood (Mansour and Mossa 2010; Hany and Gamal, 2013) which is also resulted into elevation of total protein in serum, could be attributed to hepatic detoxification. This is supportive to the result of protein content of current study which showed significant elevation of serum total protein compare to unexposed eggs of target toxicant. Similar findings have been described after aflatoxin exposure on liver marker enzymes (Tessari et al., 2010; Hassan et al., 2012; Jha et al., 2013; Jafari et al 2014). The result revealed that marked decrease in glucose contents of hatchling in response to aflatoxicosis. The reduction in glucose uptake may be attributed to the decrease in the number of GLUT 1 and GLUT 4 transporters in response to aflatoxicosis (Kiessling, 1986; Abdulmajeed, 2011).

Results showed that the levels of GPX and SOD were diminished in hatchling exposed by AFB1. On the other hand, lipid peroxidation was elevated and it is believed to be one of the main markers of ROS-mediated tissue damage. Significant reduction of hepatic GSH level was also observed as compare to untreated group. This is in agreement with findings reported previously in liver (Choudhary and Verma 2005; Naaz et al., 2007; El-Nekeety et al., 2014). Some studies on the mechanisms of mycotoxins induced liver injury have demonstrated that glutathione and SOD play an important role in the detoxification of the reactive and toxic metabolites of this AFB1, and then the liver necrosis begins when the glutathione stores are almost exhausted (Abdel-Wahhab et al., 2010). It supports present findings with histopathology of liver and depletion of antioxidant enzymes. Vacuolar degeneration and sinusoidal dilation were commonly observed feature of *in ovo* AFB1 intoxication as compare to unexposed hatchling.

This is supported by some authors who reported that exposure to AFB1 toxicity caused histoarchitectural damage of liver tissue (Tessari et al., 2006; Naaz et al., 2007; Kumar and Balachandran, 2009; Devendra and Balasubramaniam, 2011).

In conclusion, this study has shown that *in ovo* administration of AFB1, adversely affected hepatic tissue during development. AFB1 induced biochemical alteration and oxidative stress to hepatocytes. Decreased activities of stress marker enzymes resulted into histopathological change and enhance necrosis. Hence the present study has shown that *in ovo* intoxication of aflatoxin B1; increase the risk of hepatic damage during development which will further resulted into mortality or abnormal growth.

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