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## INTERNATIONAL JOURNAL OF ADVANCED RESEARCH (IJAR)

Article DOI: 10.21474/IJAR01/19881

DOI URL: <http://dx.doi.org/10.21474/IJAR01/19881>



### RESEARCH ARTICLE

#### RADIOACTIVITY, SATYAGRAHA AND SELF-ACTUALIZATION: A MULTIDISCIPLINARY EXPLORATION FOR A DEEPER UNDERSTANDING OF SPIRITUALITY AND SCIENCE

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#### Manuscript Info

##### Manuscript History

Received: 10 September 2024

Final Accepted: 19 October 2024

Published: November 2024

##### Key words:-

Interconnectedness, Radioactivity, Self-Actualization, Satyagraha, Transformation, Growth, Energy, Consciousness, Balance, Harmony, Stability, Science, Spirituality

##### Disciplines involved:-

Physics (Radioactivity), Social Sciences (Satyagraha, Non-Violent Resistance), Psychology (Self-Actualization, Human Motivation), Philosophy (Consciousness, Energy, Transformation)

#### Abstract

This theoretical study explores the interconnectedness of Radioactivity, Self-Actualization and Satyagraha, reveals transformative and growth-oriented parallels between physical, psychosocial, and spiritual domains. These concepts converge on themes such as energy, consciousness, balance, harmony, nobility, and stability, offering a profound understanding of consciousness, energy, and matter. By integrating physics, psychology, sociology, and philosophy, this interdisciplinary inquiry fosters a deeper comprehension of science and spirituality.

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#### Introduction:-

This interdisciplinary study seeks to develop a novel theoretical model, exploring the interconnectedness of Radioactivity, Satyagraha, and Self-Actualization by examining the commonalities among these concepts, we seek insight into the fundamental nature of consciousness, energy, and matter, and their correlation with human experience.

The study draws inspiration from Marie Curie's work on radioactivity, Mahatma Gandhi's philosophy of Satyagraha, and Abraham Maslow's theory of Self-Actualization, which have significantly advanced our understanding of the science of the atom and the spirituality of the soul (Prasad & Kumar, 2018)

#### Objective:-

- To integrate the science of radioactivity and the octet rule with the philosophy of Satyagraha and the theory of Self-Actualization, revealing their equivalence.
- To compare the stability of radioactive elements through spontaneous decay and noble elements through the octet rule, understanding the transformative power of Satyagraha and Self-actualization in achieving stability and nobility among individuals.
- To explore the intrinsic, infinite, and innate energy of radiation, existing in both physical and metaphysical planes, to promote global well-being and unification, aligning with the noble vision of One World-One Family.

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The Basic Concepts of Radioactivity, Octet rule, Satyagraha and Self-Actualization

### Curie's Radioactivity by Spontaneous Decay Process (SDP) (Curie, M. S, 1904)

Marie Curie's pioneering work revealed that unstable, heavy nuclei (atomic number > 82) undergo spontaneous decay (SDP) to achieve stability. This intra-nuclear process involves the emission of radiation (alpha, beta, and gamma rays) leading to the transmutation of elements.

SDP is characterized by:

- A specific half-life period, independent of physical and chemical state
- Emission of radiation in a chain reaction until stability is reached

### Radioactivity as a Metaphor for Inner Transformation:

- Decay and Renewal: Reflects spiritual transformation and growth.
- Released Energy: Symbolizes tapping into inner potential and vitality.
- Energy and Consciousness: Highlights spiritual energy as a manifestation of supreme consciousness.
- Transmutation and Renewal: Symbolizes human capacity for transformation and growth.
- Connection to the Unseen: Reminds us of the magic and wonder beyond everyday perception.
- Cyclical Nature: Reflects spiritual concept of cyclical transformation and growth.

### Octet Rule: (Lewis 1916)

The octet rule explains the stability of noble elements, by filling their outermost energy level with eight electrons through electron gain, loss, or sharing. Group 18 elements exhibit characteristics of happiness, stability, nobility, and Capability, making them an ideal comparative model for noble individuals.

### Comparative Analysis of Noble Elements and Persons:

SNo	Aspect	Noble Elements	Noble Persons
1	Stability	Highly stable gases with low chemical activity (inert)	Highly stable with serene quality (alert, inert, and neutral)
2	Self- Satisfaction	Satisfied with a full octet shell of electrons	Self-satisfied with physical, biological, psycho-social needs
3	Characteristics	Colorless, odorless, mono-atomic gases	Selfless, fearless, desire less, active, and solo in society
4	Rarity	Rare (trace) in nature (0.000009% - 0.9%)	One among millions, in each century on the planet earth
5	Position	Between extremely positive and negative elements	Amidst extremely positive and negative individuals
6	State	Sublime, constant happiness and stability	Reached full potential (Sthithaprajna - steady wisdom)

### sGandhi 's Satyagraha:A Philosophy of Non-Violent Resistance for Stability and Self- transformation

Mahatma Gandhi's revolutionary philosophy of Satyagraha, or non-violent resistance, transformed the struggle for independence and social justice globally, demonstrating the power of human consciousness in shaping reality. Gandhi's life exemplified the pursuit of self-actualization as a satyagrahi, experimenting with and expressing his full potential through:

- Non-violent resistance
- Self-suffering and self-sacrifice
- Integrity of thought, word, and deed

Gandhi's doctrine of Satyagraha emphasized on the inner nature of human beings with focus on Truth as the goal, non-violence as the means and Self-purification through non-violent resistance

### Key Campaigns:

- Non-Cooperation Movement (1920-1922)
- Salt March (1930)
- Quit India Movement (1942)

Gandhi's methods inspired global civil rights movements, including Martin Luther King Jr.'s in the United States. As a satyagrahi, Gandhi contributed to various fields, redefining moral, ethical, and spiritual values. The metaphysics of Satyagraha serves as a natural law for self-purification, enabling practitioners to become moral and spiritual authorities for peace and global well-being

**(Prasad, A. N. V., & Singh, H. 2019)**

Maslow's Self-Actualization Process: A Journey to Stability and Full Potential (Ref 4)

Abraham Maslow's theory of self-actualization (1943) posits that individuals have a unique potential to express themselves fully, without limitations, towards perfection. His hierarchy of needs includes basic needs, followed by highest self-actualization, which involves Pursuing truth, knowledge, and wisdom, creativity and innovation Maslow's Self-Actualization Process (SAP) is a pilgrimage into the inner self, requiring Self-confidence, Self-satisfaction and Self-sacrifice. People become more stable and creative with self-expression and self-actualization exploring and solving cosmic mysteries with absolute faith- Self-perception- Immense introspection.

**Enablers of Self-Actualization and Human Flourishing include:**

- Positive relationships
- Meaningful work
- Personal growth opportunities
- Good physical and mental health
- Autonomy and self-expression
- Living a life rich in purpose, meaning, and fulfilment.
- Gandhi and Marie Curie's organized lifestyles serve as perfect examples of SAP demonstrating the power of self-actualization in both spiritual and scientific domains.

Comparative Analysis: Interconnectedness of Radioactivity, Satyagraha, and Self- Actualization (Ref. 5)

Radioactivity, Satyagraha, and Self-Actualization are three distinct concepts that share a language of commonalities in their transformative processes, energy, consciousness, and interconnectedness. This analysis explores their connections, bridging evidence-based science and experiential learning with faith of spiritual philosophy.

SNo	Aspect	Radioactivity	Satyagraha	Self-Actualisation
1	Consciousness and Self-Awareness	Fundamental aspect of atomic structures	Key to personal and societal transformation	Key to personal growth and potential
2	Transformation and Growth	Transformation of atoms, releasing energy	Transformation of individuals and society through non-violent resistance	Transformation of individuals, by realizing their full potential
3	Energy and Consciousness	Releasing energy from atomic structures	Harnessing individual and collective consciousness for social change.	Tapping into inner energy and consciousness.
4	Non-Violence and Harmony	Illustrating balance and harmony in atomic structures.	Promoting social cohesion through non- violence	Emphasizing inner harmony and balance
5	Interconnectedness	Demonstrating interconnectedness of atomic structures and energies	Connecting individuals and communities.	Recognizing interconnectedness of human potential and the universe
6	Science and Spirituality	Bridging spiritual principles of transformation	Applying spiritual principles to individual and social change	Integrating spiritual and scientific understanding of human potential

**Conclusion:-**

**Intersection of Science and Spirituality:**

This comparative analysis highlights the profound intersections and synthesis between Science and spirituality, as embodied in Curie's radioactivity, Gandhi's philosophy of Satyagraha and Maslow's theory of Self-actualization. The intersection of science and Spirituality offers a holistic understanding of human experience, emphasizing stability, capability, balance, and self-actualization. It also offers understanding of energy, consciousness, awareness and transformation.

**Complementary Nature of Science and Spirituality:**

This study demonstrates that science and spirituality are complementary, fostering a deeper appreciation for human experience and a compassionate understanding of ourselves and the world. Radioactivity, Satyagraha, and Self-Actualization all involve transformative processes that can lead to personal and societal growth.

**Themes of Growth and Peace:**

The common thread across these concepts is Stability, capability, balance, self-awareness, and self-actualization underscoring the importance of personal growth and transformation in achieving a more harmonious (Non-violence) global peace.

**Energy, Consciousness, and Transformation:**

The link between energy, consciousness, and transformation is central to the study. This relationship between the physical and spiritual dimensions highlights the importance of understanding both aspects for human development.

**Implications for Further Exploration**

The notion that elements might possess consciousness or awareness remains a subject of debate among philosophers, scientists, and spiritual leaders. Delving into the connections between these concepts, alongside the interplay of energy, awareness, and consciousness, offers valuable opportunities for deeper exploration. Such investigations could shed light on the profound relationship between science, spirituality, and human existence, encouraging further inquiry and expanding our understanding of these complex domains.

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