



ISSN NO. 2320-5407

ISSN: 2320-5407

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

REVIEWER'S REPORT

Manuscript No.: IJAR-50362

Date: 22-02-2025

Title: The Use of Physical Restraints in Critical Care Units: Physicians' and Nurses' Perspectives and Ethical Considerations

Recommendation:

- Accept as it is.....**YES**.....
- Accept after minor revision.....
- Accept after major revision
- Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality	√			
Techn. Quality		√		
Clarity		√		
Significance			√	

Reviewer's Name: Dr Aamina

Reviewer's Decision about Paper: **Recommended for Publication.**

Comments (*Use additional pages, if required*)

Reviewer's Comment / Report

This study on physical restraints in critical care units presents a well-structured analysis of the perspectives of physicians and nurses, incorporating ethical and legal concerns. Below is an evaluation of key strengths:

Strengths:

Relevance and Significance

- The study addresses a **critical and controversial issue** in ICU management.
- It **balances medical necessity with ethical concerns**, making it relevant to **both healthcare providers and policymakers**.

Clear Objectives and Methodology

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- The research **effectively combines qualitative and quantitative methods** (questionnaire, interviews, observational data).
- The **survey of 100 healthcare professionals** provides a **strong foundation for analysis**.
- The inclusion of **real-life case studies** strengthens the study's **practical implications**.

Ethical and Legal Considerations

- The study **acknowledges ethical dilemmas**, emphasizing **patient autonomy, dignity, and risks of harm**.
- Discusses **cultural and regional differences**, making it relevant for **global policy development**.

Quantitative Data and Trends Identified

- The study presents **numerical data on restraint justification** (e.g., **92.5% of physicians use restraints for agitation**), providing **objective insights**.

Final Verdict:

- This study is highly relevant and methodologically sound.