

Management of Putikarna (CSOM)) with Shamana Aushadhi ,local Ear Kriyakalpa remedies and Agnikarma. (Case study)

by Jana Publication & Research

Submission date: 29-Jan-2025 08:56PM (UTC-0800)

Submission ID: 2560155961

File name: IJAR-50072.docx (16.5K)

Word count: 605

Character count: 3359

Management of Putikarna (CSOM)) with Shamana Aushadhi ,local Ear Kriyakalpa remedies and Agnikarma. (Case study)

Abstract - A 34 Yrs female complaining of right mild otalgia with discharge and deafness since last 7 days and this is 3rd recurrence in 4 month intermittently, taking the treatment for the same with systemic and local antibiotics, giving the history of tympanoplasty 1 yr back.

She was diagnosed as Putikarna through case history and examination and treated with snehapana, shaman aushadi, karna kriyakapa in the form of karna pichu and karnadhupana along with agnikarma after karnapramarjan. Patient shows improvement in the symptoms with satisfaction after 2 months of regular treatment. The study needs to be further continued with larger samples to generalize results.

Key words – Putikarna ,CSOM, Mahatiktak ghrita, sarivadi vati

Introduction – According to ayurveda above clinical condition is related with Putikarna in which there is profuse painless ear discharge, due to vata pradhanik deranged kapha pitta dosha. snehapana and shaman aushadhi. This condition is compared with CSOM.

According to modern science, CSOM is chronic infection of middle ear that causes persistent discharge from ear.

Etiology- 1.CSOM is usually preceded by AOM

2. Frequent URTI
3. Failure of tympanoplasty may shows re-perforation
4. Poor socioeconomic group

Types of CSOM – Two types

1. Safe / Tubotympanic CSOM
2. Unsafe / Attico-antral CSOM which shows following sign symptoms
Perforation, discharge, granulation, polyp, cholesteatoma and deafness.

Currently it is treated with

- 1) Topical and systemic antibiotics steroids along with ear cleaning
- 2) Surgery to repair ear drum and removal of pathology from middle ear cavity
- 3) Hearing aids

If not treated CSOM shows serious complications like mastoidities, headache, vertigo, fever, facial paralysis, meningities and intracranial abscess.

Case study and Treatment –

A 34 Yrs female complaining of right mild otalgia with discharge and deafness since last 7 days and this is 3rd recurrence in 4 month intermittently, taking the treatment for the same with systemic and local antibiotics, giving the history of tympanoplasty 1 yr back.

After tympanoplasty patient shows recurrence with same symptoms and not satisfied with modern treatment so she was diagnosed with putikama and treated with karnaprakshalan.

Local ear examination-

After cleaning the ear, Otoscopic examination shows EAC ,TM and middle ear cavity congested with re-perforation so taken in mind that aim of treatment is to stop ear discharge and always try to keep ear dry .This goal of treatment is achieved by following ayurvedic prescription.

Treatment given for 2 months -

1. Mahatiktaka ghritapana-20ml daily at night with koshnajala 7 days
2. Dry sweda 7 days.
3. Karna pichu with kushthyadi taila 3 times a day.
4. Karna dhupana with nimbapatradi churna 2 times a day.
5. Maharasnadi guggulu 250 mg 2 tab BD with koszna jal
6. Sarivadi vati 250mg 2 tab BD with koszna jal

Treatment 1-6 repeated after 15 days break.

Drugs-

- 1) Mahatiktaka ghrita- Tridoshaghna.
- 2) Kushthyadi taila- Krimighna, Vranaropaka.
- 3) Nimbapatradi churna- Krimighna, Vranaropaka
- 4) Maharasnadi guggulu- Vedna sthapak, shothaghna.
- 5) Sarivadi vati- Kama Rasayana

Conclusion –

In this patient after medical and surgical treatment, patient shows recurrence of disease with above treatment patient gets complete relief from discharge and pain with dry perforation in 2 months. Also shows no recurrence of otorrhea during follow up of 6 months with partial healing of re-perforation. Further study must be done to observe result and evaluation need larger sample.

References –

1. Dr. Shastri A. Sushruta Samhita by Acharya Sushruta. Varanasi. Chaukhamba Sanskrit Sansthan;

Ed 1998

2. Dhingra- A text book of ENT diseases, Elsevier, ed 7th

3. Bhargava- A text book of ENT diseases, Usha publication, ed 11th

4. Dr vidhvansa N.Karna nasa shiroroga vigyan. Anand prakashan; ed 2nd

Management of Putikarna (CSOM)) with Shamana Aushadhi ,local Ear Kriyakalpa remedies and Agnikarma. (Case study)

ORIGINALITY REPORT

0%

SIMILARITY INDEX

0%

INTERNET SOURCES

0%

PUBLICATIONS

0%

STUDENT PAPERS

PRIMARY SOURCES

Exclude quotes On

Exclude matches Off

Exclude bibliography On